



# 4-H GLOBAL EDUCATION PROJECT



In a Global Education project, youth members engage in experiences that broaden their understanding of themselves and their own culture and develop the capacity to function in a multi-cultural community.

- Understand the importance of knowing about other countries and their cultures.
- Explore and appreciate diversity.
- Develop skills in cross-cultural communication.

## 4-H THRIVE

Help youth:

### Light Their Spark

A spark is something youth are passionate about; it really fires them up and gives them joy and energy. Help youth find what it is about studying other countries and their cultures that excites them.

### Flex Their Brain

The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to help them reach higher levels of success.

### Reach Their Goals

Help youth use the GPS system to achieve their goals.

**Goal Selection:** Choose one meaningful, realistic and demanding goal.

**Pursue Strategies:** Create a step-by-step plan to make daily choices that support your goal.

**Shift Gears:** Change strategies if you're having difficulties reaching your goal. Seek help from others. What are youth going to do when things get in their way?

### Reflect

Ask project members how they can use their passion for other cultures to be more confident, competent and caring. Discuss ways they can use their skills to make a contribution in the community, improve their character or establish connections.

#### Starting Out *Beginner*

- Create a family tree.
- Find out the countries of origin of your ancestors. On a map of the world, find those countries.
- Share a family tradition and its origin with members of your project.
- Learn to say "hello" in 4 languages.
- Play a game from another country.
- Choose a continent that you do not live on, and put the countries in alphabetical order.

#### Learning More *Intermediate*

- Bring a dish that represents another culture. Share the recipe.
- Track where everyday products are made and identify the countries on a world map.
- Provide service to an international relief organization.
- Participate in an international celebration in your area.
- Use a local newspaper and identify different countries mentioned.

#### Exploring Depth *Advanced*

- Research international careers and invite a speaker to share how one prepares for that career.
- Learn about various musical styles and dances from other countries.
- Invite someone who has immigrated to the U.S. to speak to your group.
- Organize an international fashion show and display clothing from various cultures.
- Invite a Peace Corp representative to address your club.

The activities above are ideas to inspire further project development. This is not a complete list.

*Light Your Spark*

*Flex Your Brain*

*Reach Your Goals*

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# Expand Your Experiences!

## Citizenship

- Do a service project with an international aid organization.
- Study another country's political and governmental structures.
- Study an issue that is worldwide and recognized by people in various countries.

## Healthy Living

- Visit a local grocery and locate the country of origin of various fruits and vegetables on a map.
- Identify an American holiday that traditionally includes food (such as Valentine's Day and chocolate). Research other cultures to learn healthier ways to celebrate holidays.
- Lead a listening activity to enhance the group's ability to listen to diverse viewpoints.

## Science, Engineering, and Technology

- Learn more about the Nobel Prize winners in science and medicine and identify their country on a map.
- Research information about the J-1 visa status for scientists and researchers and discuss the value of this program.

## Leadership

- Befriend an exchange student in your school or community. Find out about his/her country.
- Lead an activity with your club that helps them learn about another culture.
- Plan an international night for your county with various clubs sharing food from another country, a game, a dance, a style of dress.

## Resources

- Family Celebrations from Around the World  
[ccc.ucdavis.edu/culture\\_weeks/](http://ccc.ucdavis.edu/culture_weeks/)
- It's a Small World Overview  
[www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=34183](http://www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=34183)
- It's a Small World, China  
[www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=4609](http://www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=4609)
- It's a Small World, South Africa  
[www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=4611](http://www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=4611)
- San Francisco Chinese New Years Festival  
[www.sanfranciscochinatown.com/events/chinesenewyearparade.html](http://www.sanfranciscochinatown.com/events/chinesenewyearparade.html)
- Celtic and Scottish Fairs  
[www.kiltsnquilts.com/kqpages/festivals/cfests.htm](http://www.kiltsnquilts.com/kqpages/festivals/cfests.htm)

### Connections & Events

**Presentation Days**– Share what you've learned with others through a global education presentation.

**Cultural Fairs** – There are a variety of cultural fairs that take place throughout the year, including the San Francisco Chinese New Years Festival, UC Davis Cultural Days, and Celtic and Scottish Fairs. Visit [www.californiafairsandfestivals.com](http://www.californiafairsandfestivals.com) to find a fair near you.

### Curriculum

- And My World Leader and Activity Guide - [marketplace.unl.edu/ne4h/curriculum/and-my-world.html](http://marketplace.unl.edu/ne4h/curriculum/and-my-world.html)
- Building Bridges, A Peace Corps Guide to Cross-Cultural Understanding - [www.peacecorps.gov/www/bridges](http://www.peacecorps.gov/www/bridges)
- i 2 i - (available spring '12) [marketplace.unl.edu/ne4h/curriculum?cat=122](http://marketplace.unl.edu/ne4h/curriculum?cat=122)
- 4-H Global Resources CD - Ask for a copy in your county 4-H office.

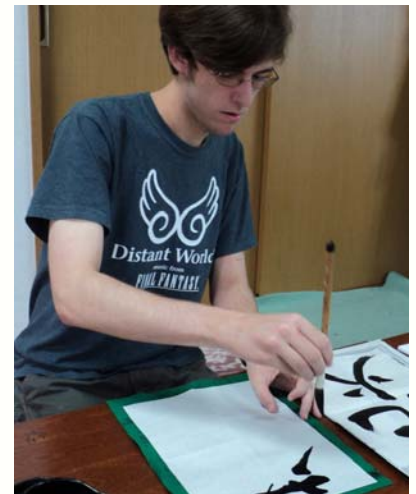
### 4-H Record Book

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their personal experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit [www.ca4h.org/4hbook](http://www.ca4h.org/4hbook).

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University of California Agriculture and Natural Resources

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