Learn how to make a difference in your community. Incorporate service and citizenship activities into every 4-H project. Understand your civic rights and responsibilities. Tap into the resources that are available in your community and school.

- Explore your own values and your relationship with others.
- Increase your sense of history and cultural heritage.
- Learn about your government and your leadership role.
- Investigate current issues in your community, state, country and world.

<table>
<thead>
<tr>
<th>Starting Out</th>
<th>Learning More</th>
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<tr>
<td><strong>Beginner</strong></td>
<td><strong>Intermediate</strong></td>
<td><strong>Advanced</strong></td>
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<tr>
<td>Recite the 4-H pledge and the Pledge of Allegiance.</td>
<td>Trace your family ancestry back to your great grandparents.</td>
<td>Help teach others in your club about your local city or county government.</td>
</tr>
<tr>
<td>Find out where your parents and grandparents lived when they were your age and locate it on a map.</td>
<td>Help plan a service project for your club.</td>
<td>Develop and carry out a service-learning project.</td>
</tr>
<tr>
<td>Learn about each of the club officer positions.</td>
<td>Tour your city or county administration building and meet with your council person or supervisor.</td>
<td>Identify three current issues in your community and discuss them with your peers.</td>
</tr>
<tr>
<td>Learn the history of your town or city.</td>
<td>Help with a safety program (swimming, biking, food).</td>
<td>Apply for a service-learning grant with the California 4-H Youth Development Program.</td>
</tr>
<tr>
<td>Participate with your club in a service project.</td>
<td>Learn what community means and help other design the communities they belong to.</td>
<td>Tour the state Capitol and visit your legislator.</td>
</tr>
<tr>
<td>Set up a disaster plan for your home.</td>
<td>Attend California Focus.</td>
<td>Attend Washington Focus.</td>
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</tbody>
</table>

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Citizenship

- Present information about your club’s service project at a countywide event.
- Plan a special “Grandparents Day” and record stories of their school days.
- Join with other service groups to clean-up of trash or graffiti in your town.
- Organize an event to showcase people and the work they do at the local government level.

Healthy Living

- Coordinate a walk-a-thon to raise money for a health-related non-profit.
- Develop an anti-smoking campaign for junior and senior high school students.
- Organize a history walk highlighting significant people & places in your community.
- Help a local food pantry develop simple recipes for events using available food.

Science, Engineering, and Technology

- Present a science demonstration at the local elementary school.
- Develop a project to label storm drains and protect waterways.
- Deliver demonstrations on energy conservation or recycling at your school.
- Design, build, and plant a community garden.

Leadership

- Plan an activity for your club with information about the 5 Focus Areas of Citizenship.
- Organize a driving safety program at your high school.
- Connect with local homeless shelters and collaborate to collect & recycle clothes.
- Create and give a presentation about your experience at California or Washington Focus.

Connections & Events

California Focus – A 5-day event in Sacramento with simulations of state political processes and government.

Washington Focus – Gather with 4-H members from all over the U.S. for government simulations and visits in the nation’s capitol.

Presentation Day – Share your citizenship knowledge with others through a presentation.

Clubs – 4-H emphasizes participatory democracy, giving young people a voice in decision making.

Curriculum

- State Capitol Study Packet - www.ca4h.org/files/86234.pdf
- The American Promise - www.farmers.com/AmericanPromise/guide_main.html
- The California 4-H Citizenship Framework - www.ca4h.org/Projects/Citizenship/FocusAreas/Government_Studies_and_Leadership/

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their personal experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit www.ca4h.org/4hbook.

Resources

- Web Resources www.ca4h.org/Projects/Citizenship/Citizenship_Web_Resources/
- Constitution Mini-Lessons, Constitutional Rights Foundation, 601 South Kingsley Drive, LA, CA 90005, (213) 487-5590
- California Missions www.escusd.k12.ca.us/mission_trail/MissionTrail.html
- Book: Celebrate America, Learning About the U.S. through Crafts and Activities
- Public Adventures www.4-h.org/resource-library/curriculum/4-h-citizenship/guides-handbook/

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Author: P. English